Meeting Minutes  
Central Washington Public Utilities  
UIP (Unified Insurance Program) Quarterly Trustee Meeting  
Wednesday, September 21, 2016, at 10:00 a.m.  
Douglas PUD – East Wenatchee, WA

Roll call / introductions / additional agenda items:  
The meeting was called to order at 10:05 a.m. by Chair Wenner. Those present were:

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Alliant: Schuyler Briscoe, Kim Chawes  
CliftonLarsonAllen: Connie Olson*  
Symetra: Mark Crisler, Sarah Finch, Sonya Olson

* participated via conference call

Introductions

Q3 2016 Financial Report  
Connie Olson with CliftonLarsonAllen reviewed the financial statements from July 1, 2016 through August 31, 2016. There were no outstanding follow-up questions.

Motion was made by Trustee Coppock and seconded by Trustee Davis to approve the third quarter 2016 financial report from July 1, 2016 – August 31, 2016. Motion passed unanimously.

Chair Wenner reminded Trustees that the agreement with CliftonLarsonAllen will end in December 2016. Trustees discussed the option of going out for an RFP. At this time Trustees would like to extend the agreement with CLA beyond December 2016.

Motion was made by Trustee Davis and seconded by Trustee Hernandez to work with CliftonLarsonAllen to extend the contract beyond December 2016. Trustees will work with CliftonLarsonAllen to maintain rates for 2017. Motion passed with Okanogan abstaining from the vote.

Quarterly Meeting Minutes  
Chair Wenner reviewed the quarterly meeting minutes from July 27, 2016.

Motion was made by Trustee Hernandez and seconded by Trustee Kuehne to approve the quarterly monthly meeting minutes from July 27, 2016. Motion passed unanimously.
Symetra
Mark Crisler, Regional Sales Executive, gave an overview of who Symetra is. Also from Symetra were Sarah Finch, Regional Account Manager and Sonya Olson, Claims Operations. Sonya Olson reviewed the different types of services that Symetra offers: LTD, STD, Leave, Life and AD&D. Much of these services have electronic capabilities. Included in the cost is an EAP program which includes five visits per household unless an employee is out on disability, then an additional five visits is granted. Also included is Health Champion. This product is included in the cost of service and includes administrative and clinical support. Sonya Olson spoke to how involved Symetra is with customers during the entire process, whether EAP, STD, Return-to-Work, etc. Sarah Finch reviewed Symetra’s claims and reporting process. They prefer self-administration for billing, but can do list billing. If Symetra is chosen they will work with each PUD to implement what is visible via the web portal. Each PUD will only see their employees’ information and not all UIP Utilities. They offer additional services as a pilot program at this time with no additional costs; claims integration with Premera and conversion portability when employees separate from service. Evidence of Insurability (EOI) has several options for submission. Symetra can handle paper forms submission and/or online submission. Symetra utilizes an online portal so Human Resources and employees can follow-up on their EOI status at any time.

If UIP was to go into contract with Symetra for these services, they will send out a request for information from each Utility. Once they receive this information and pre-fill all paperwork, they will submit this and set-up an implementation meeting to get started off with the best information. This meeting can last up to two hours. This meeting can be setup with individual PUD’s or collectively. Typically 90% of tasks are completed upon the implementation meeting. Symetra will follow-up and complete the rest of implementation during weeks 4-8. Online tools, customer training, billing statements and draft contracts will be finalized during this time. Peachey Kent, Implementation Specialist, will work extensively through the implementation process, along with Sarah Finch. Once implementation is complete, Sarah Finch will be the main point of contact. She is available for help with any questions that any members may have. She wants this process to be seamless. Symetra would implement a January 1, 2017 start date. They would work with this process so any employees not actively at work on December 31, 2016 will become Symetra’s risk. Symetra uses the No Loss No Gain approach. This will be discussed at-length during implementation so that no one “falls through the cracks”.

Premera
Carmen Winters, Premera’s Strategic Account Manager, gave an overview of the different programs that Premera offers; NICU, Maternity, Teledoc and Catapult.

NICU Program – High risk babies that at birth must go to the NICU. It is complementary to Premera’s Case Management program. Once baby is released, the family is still helped by this program. This program is much more extensive than just Case Management. They work very closely together, but there are added benefits. This fee is $1,570 per case. This fee is only charged if utilized. This can be up to a 10% reduction in cost to the plan if utilized.

Maternity – Complementary program that helps mothers with high-risk pregnancies. This works in tandem with their doctor and goes six weeks after the birth of the child. The Assessment is $106 and $502 per case.

Teledoc – Visits through the Teledoc Service are at $.50 PMPM. Carmen spoke to others experience with Teledoc. They dial in, the Doctor calls them back and a referral is done from there. Education is very important around this program so that once the service is needed, people do not have to set-up the process when they do not feel well.

Catapult – Blue Cross Blue Shield provider that provides on-site wellness services. They provide value measure results. The fee is $130 per person and includes 15 measurements within the 30-minute
consultation ($156 with flu shots). The claims are run through Premera as a preventative visit. Results are sent to individual employee Doctors within 1-4 hours. This visit does not replace the preventative visit with their Doctor. There are no geographical issues. There is a minimum of 30 members, which include employees and spouses but not dependent children.

Update on Providence Health & Services – Per Carmen, Premera Blue Cross and Providence Health & Services have agreed in principle on a new 3-year contract. The agreement ensures that Providence Health & Services will remain a part of Premera’s Heritage Plus network of providers. Premera customers using the Heritage Plus network will continue to receive care and services, without interruption, at all Providence, Swedish, Kadlec hospitals and physician groups, including Pacific Medical Group across Washington State. A formal agreement is expected to be signed by the end of September. Since this issue is being resolved soon, communication will be available to share out to employees.

Chair Wenner opened discussion on the services that Carmen reviewed. Trustees are interested in having NICU and Maternity services added. They would like to have Catapult come to the next quarterly UIP meeting on January 25, 2017 to learn more about this service. Teledoc is a service that UIP members are very interested in but would like to revisit this in 2017.

**Motion** was made by Trustee Davis and seconded by Trustee Coppock to adopt the maternity and NICU program starting January 1, 2017. Motion passed unanimously.

2017 Renewals - Alliant
Broker Briscoe reviewed the 2017 Renewal Cost Summary with Trustees.

Trustees discussed the presentation given by Symetra. Some feedback by Trustees were the services provided by Symetra; warm transfers by case management, electronic capabilities, ease of use, forward thinking with online portal, etc. Alliant will work up a comparison with Health Advocate and Health Champion, offered by Symetra.

**Motion** was made by Trustee Davis and seconded by Trustee Coppock to transition to Symetra for Long Term Disability, Short Term Disability, Leave, Life and AD&D, with the enhanced EAP, effective January 1, 2017, resulting in a cost savings to the Employee and the Plan. Motion passed unanimously.

2017 Open Enrollment
Most of the communication will be similar to last year. Open enrollment data needs to be submitted by December 1, 2017. With transitioning to Symetra, changes such as offering optional coverage tiers, and further discussions will take place in 2017.

Next Meeting
The next UIP Quarterly Trustee meeting will be at Douglas PUD on Wednesday, January 25, 2017.

Meeting Adjourned at 2:00 PM.

Approved by Trustees on October 6, 2016

Melvin Wenner, UIP Chair
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Administrators/Others:

- Cindy Lynn-Bartella, Okanogan PUD
- Shanna Rice, Pend Oreille PUD
- Jodie Moxley, Benton PUD
- Schuyler Briscoe, Alliant
- Keith Robertson, Alliant
- Kim Chawes, Alliant
- Karen Murray, Alliant
- Carrie Reed, Alliant
- Kerri Coyle, Alliant
- Jennifer Spence, Alliant
- Charlie Buser, Alliant
- Connie Olson, CliftonLarsonAllen
- Lee Colelasure, CliftonLarsonAllen
- Brett Bergeson, UIP Auditor – Grant PUD
- Rob Gillespie, UIP Treasurer – Okanogan PUD
- Janet Crossland, UIP Assistant Treasurer – Okanogan PUD

CWPU Rep/Managers Group:

- Chad Bartram, Benton County PUD
- William Dobbins, Douglas PUD
- John Friederichs, Ferry County PUD
- Tim Nies, Franklin County PUD
- Tony Webb, Grant County PUD
- John Grubich, Okanogan County PUD
- F. Colin Willenbrook, Pend Oreille County PUD
- Bob Sebris, CWPU Labor Counsel
- Ed Taylor, CWPU Labor Counsel

Public Meeting Notice/Agenda

- Posted at [http://www.grantpud.org/your-pud/cwpu-unified-insurance-program](http://www.grantpud.org/your-pud/cwpu-unified-insurance-program)
- Shannon Stuber, DES – Risk Management – State of WA
- Brian Gray, IBEW Local 77
- Steve Hendrickson, IBEW Local 77