Meeting Minutes  
Central Washington Public Utilities  
UIP (Unified Insurance Program) Administrator’s Call  
Special Meeting  
March 23, 2016 at 10:00 a.m.

Roll call / introductions / additional agenda items:

The meeting was called to order 10:02 a.m. by Vice Chair Hubbard. Those on the call were:

**PUD**  
Benton  
Douglas  
Ferry  
Franklin  
Grant  
Okanogan  
Pend Oreille  

**Trustees**  
Melina Wenner  
Barbara Davis  
Marilee Kuehne  
Don Coppock  
Paul Boxleitner  
Lloyd Clark

**Alternate Trustees**  
Jody George  
Gary Ivory  
Sylvia Hubbard  
Annette Hernandez  

**Administrators**  
Kim Chawes  
Jennifer Spence  

Alliant – Kim Chawes and Jennifer Spence

1. **Wellness Proposal**: Vice Chair Hubbard and Alternate Trustee George presented a high-level summary of the scope of services and pricing within the proposed contract with Preventure.

   - **Negotiation of the Preventure Contract**
     - **Service Cost.** For the scope of services below the cost is $4.75 per eligible participant per month; plus an additional $1.00 per eligible participant per month for coaching up to 5% of population (69 CWPU employees).
     - **Implementation Cost.** $4,900.00
     - **Term of Agreement.** The proposed term is three years with no changes in pricing unless the eligible participant count exceeds 5% of current population (1374). The term start date has yet to be established. In order to complete implementation in advance of a September 2016 event, we will need to have a contract effective date of no later than June 1, 2016.
     - **Performance Guarantee.** For each contract year, 20% of the account management fee paid to Preventure (percentage equates to a portion of the overall Service Cost, limited to $1.00 PEPM) shall be placed at risk by Preventure. Guarantees include the following:
       - **Guaranteed Support** shall mean that Preventure shall receive a client satisfaction score of 90% or higher on a Preventure survey assessed annually.
       - **Guaranteed Enjoyment** shall mean that Preventure shall receive a WOW! Participant survey score of 90% or higher assessed annually.
       - **Guaranteed Improvement** shall mean a 90% or more of participants will improve one or more key areas assessed annually.

   - **Program Management.** Which includes, but is not limited to ‘Outsourced Wellness Department’ Program Support, communications and marketing, eligibility management,
incentive program management, annual on-site Engagement Manager visits (up to 2 per year), and customer service support (M-F 8:00 AM to 8:00 PM EST).

- **Wellness Web Portal.** Which includes; standard web portal customization (branding, color and scheme), utility-based customizations, planning sessions, incentive campaign tracking, and wellness challenges. The portal also includes wellness engagement tools (health questionnaire, health improvement programs).

- **Trackers and Tools.** The web portal includes trackers to support every day healthy tracking (food, steps, biometrics, mindfulness, sleep, etc.)

- **HealthWise Content Library.** The library knowledgebase is a health encyclopedia that contains evidence-based topics, illustrations, decision-support tools, disease-management tools and interactive health tools.

- **Health Coaching** (The Subcommittee is getting clarification on billing/cost for these services). Employees who participate in health coaching will work with a dedicated health coach and will have unlimited interactions with their coach until they adequately address their primary goal. CWPU will be invoiced at a rate of $215 for each unit of health coaching in excess of 69.

- **Employer Impact Reports, calendars, etc.**

The sub-committee will look into amending the termination clause within the agreement. The Manager of Contracts & Purchasing at Benton is reviewing the contract and Alternate Trustee George will request that she provide us with some example language to propose.

2. **2016 CWPU Program Activity**
   The sub-committee plans to meet next week to discuss next steps and come up with some kind of timeline to share with the Trustees. During the next meeting, Trustees will discuss delivery of an initial employee communication relative to the wellness activity as well as the timing of that communication.

   Motion was made by Alternate Trustee George and seconded by Alternate Trustee Hernandez to approve the EIAC recommendation as follows:

   1. To finalize contract negotiations and enter into a contract with Preventure by the April 27th Trustee meeting.
   2. Incorporate a tobacco rewards program into the CWPU Wellness Program
   3. Approve a Wellness Incentive Program for 2016 which will include a biometric screening (on or off-site), vendor introduction, health questionnaire, tobacco rewards program attestation and one preventative exam (dental, vision, physical, CDL, etc.)

   Motion passed unanimously.

The meeting was adjourned at 10:45 a.m.

Approved by Trustees on June 9, 2016

Melina Wenner, UIP Chair